



28/11/2022



**Song of the week**:

‘Somewhere only we know’ – Lily Allen

<https://www.youtube.com/watch?v=iCmvz8rDYVU>

**Theme of the week**:

‘Loneliness’

**Quote of the week**:

‘If love is universal, nobody

can be left out’

**Mindful Monday**:

Listen to song and theme

* Discuss which emotions the song provokes
* Refer to attached copy of ‘what does lonely man and how does it feel’

**Wellbeing Wednesday**:

Continue with theme and repeat song.

KS1 KS2 Activity

* Watch clips about being lonely at Christmas
* Make Christmas cards for local care homes

<https://www.youtube.com/watch?v=J-iRzE_KQlg>

**Fab Friday**:

Repeat song and complete cards for local care homes.

