Developing Personal Confidence

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=2ahUKEwjV8PbiuLXcAhVCZ1AKHUBXAkoQjRx6BAgBEAU&url=http://keithseidel.com/191464/i_am_girl_power_art&psig=AOvVaw00K185tejOGurVTDJFqY15&ust=1532442677224308)

**A Family Learning Course at**

**Charles Darwin School**

**A six week course for parents that is fun, friendly and free!**

**What does this course cover?**

* Confidence – what is it?
* Looking at confidence in adults and children
* Effective communication – in different social situations
* Stress and how to manage it
* A certificate on completion of course

Please note: So that we can offer this course free of charge, you will be required to complete some paperwork.

**This course will run for 6 weeks on Thursday mornings, 9-11am**

**Start Date: 06/06/19 Finish Date: 11/07/19**

If you would like a place, please complete the form below and return to school

Yes, I will be coming to the ‘Developing Personal Confidence’ course.

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Contact Number\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I will need a crèche place for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_