



CHARLES DARWIN SCHOOL MEALS - Autumn 2 MENU

	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT FREE MONDAY				
Week 1	Opn 1 Chilli & Rice (vg) Opn 2 Jacket Potato with Cheese/Beans/Tuna	Roast Chicken Quorn Fillet Yorkshire Pudding/Mash/Seasonal Veg Jacket Potato with Beans/Tuna Side Salad	Meatballs - Beef Meatball - Vegetarian Pasta/Seasonal Veg Picnic Bag Baguette/Bun with Ham/Egg Salad/Carrot/Cucumber Sticks	Cheese and Tomato Pizza Chips & Beans Jacket Potato with Cheese/Beans/Tuna Side Salad
	Opn 3 Picnic Bag Baguette/Bun Egg/Cheese Salad/Carrot/Cucumber Sticks Dessert Flapjack Fresh Fruit/Yoghurt	Chicken Goujons Vegetable Burrito (vg) Wedges and Seasonal Veg Jacket Potato with Cheese/Beans/Tuna Side Salad Shortbread Fresh Fruit/Yoghurt	Lemon Sponge Fresh Fruit/Yoghurt	Melting Moment Yoghurt
Week 2	Opn 1 Tomato Pasta /Garlic Bread Opn 2 Jacket Potato with Cheese/Beans/Tuna Opn 3 Picnic Bag Baguette/Bun Egg/Cheese Salad/Carrot/Cucumber Sticks Chocolate Crunch Fresh Fruit/Yoghurt	Hot Dogs-Butchers or Quorn sausage Wedges & Beans/Sweetcorn Jacket Potato with Beans/Tuna Side Salad Fruit Cup Fresh Fruit/Yoghurt	Steak Pie Cheese Flan New Potatoes Seasonal Veg Picnic Bag Baguette/Bun with Ham/Egg Salad/Carrot/Cucumber Sticks Raspberry Bun Fresh Fruit/Yoghurt	Fishcakes Cod or Salmon Chips & Peas Jacket Potato with Cheese/Beans/Tuna Side Salad Ginger Biscuit Fresh Fruit/Yoghurt

ALL MENU ITEMS ARE SUBJECT TO AVAILABILITY

ALLERGEN INFORMATION IS ON THE SCHOOL GATEWAY WHEN ORDERING OR SPEAK TO THE CATERING TEAM

MILK AND WATER SERVED EVERY DAY