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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |  |  |
| EYFS |  |  |  |  |  |  |  |  |
| **KS1** |  |  |  |  |  |  |  |  |
| Year 1 | Dance  Throwing and Catching | Yoga  Throwing and Catching | Inclusive sports  Gymnastics | Cycling  Gymnastics | Active Athletics  Adventurous activities | Racquet sports  Multi Skills  (Swimming) |  |  |
| Year 2 | Dance  Throwing and Catching | Yoga  Gymnastics | Inclusive sports  Throwing and catching | Active athletics  Adventurous activities | Cycling  Gymnastics  (Swimming) | Racquet sports  Multi Skills |  |  |
| **KS2** |  |  |  |  |  |  |  |  |
| Year 3 | Gymnastics  Throwing and Catching | Tag Rugby  Dance | Inclusive sports  Netball | Tennis  Gymnastics  (Swimming) | Tri Golf  Active Athletics | Cricket |  |  |
| Year 4 | Tag Rugby  Dance | Gymnastics  Throwing and Catching | Inclusive Sports  Netball  (Swimming) | Badminton  Gymnastics | Cricket  Athletics | Tri Golf  Orienteering |  |  |
| Year 5 | Dance  Tag Rugby | Basketball  Indoor Athletics  (Swimming) | Inclusive sports  Cricket | Tennis  Gymnastics | Tri Golf  Orienteering | Hockey  Athletics |  |  |
| Year 6 | Tag Rugby  Gymnastics  (Swimming) | Indoor Athletics  Cricket | Basketball  Inclusive sports | Orienteering  Dance | Hockey  Athletics | Tri Golf  Orienteering |  |  |