



17/07/2023



**Song of the week**:

This is the greatest show- The greatest showman.

**Quote of the week**:

Be the star of your own show!

**Theme of the week**:

‘The show must go on’

**Wellbeing Wednesday**:

Whole School

Try and spend around 15 mins outside reading.

Children to lay down on the grass eyes closed and teacher to read class book to children.

This could also be done as quiet reading time after lunch.

**Fab Friday**:

HAPPY SUMMER!!!!!

**Wellbeing Wednesday**:

Have a class discussion about your favourite well-being theme of the year and which activities you found the most fun or useful.

**Mindful Monday**:

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Welcome class in with song, greet children at door using greeting options if possible.

This week is all about being a star and combining everything we have learnt so far this year in our wellbeing sessions.

We are encouraging the Year 6 children with their show week.







